

EFFECTIVE DATE: JANUARY 1, 2010

NEW JERSEY STATE ATHLETIC CONTROL BOARD

AMATEUR MIXED MARTIAL ARTS

No split or different style events

Cards split between professional and amateur matches are not permitted. Further, amateur muay thai, kick boxing or other combative sports are not allowed on an amateur mixed martial arts card. Only approved grappling matches are permitted to be mixed with an amateur mixed martial arts card.

National Database Event Registration

All promoters are required to timely register their event in advance with the Association of Boxing Commissions designated national record keeper, MMA.TV, and receive approval from this agency for each specific requested bout.

Weight classes of amateur mixed martial artists

(a) Amateur mixed martial artists shall be divided into the following classes:

- 01 - Flyweight (up to 112 lbs.)
- 02 - Bantamweight (over 112 to 118 lbs.)
- 03 - Super Bantamweight (over 118 to 122 lbs.)
- 04 - Featherweight (over 122 to 126 lbs.)
- 05 - Super Featherweight (over 126 to 130 lbs.)
- 06 - Lightweight (over 130 to 135 lbs.)
- 07 - Super Lightweight (over 135 to 140 lbs.)
- 08 - Welterweight (over 140 to 147 lbs.)
- 09 - Super Welterweight (over 147 to 154 lbs.)
- 10 - Middleweight (over 154 to 161 lbs.)
- 11 - Super Middleweight (over 161 to 168 lbs.)
- 12 - Light Heavyweight (over 168 to 175 lbs.)
- 13 - Super Lt Heavyweight (over 175 to 182 lbs.)
- 14 - Cruiserweight (over 182 to 190 lbs.)

- 15 - Super Cruiserweight (over 190 to 197 lbs.)
- 16 - Junior Heavyweight (over 197 to 210 lbs.)
- 17 - Heavyweight (over 210 lbs. to 235 lbs.)
- 18- Super Heavyweight (over 235 to 265 lbs.)
- 19- Absolute Weight (over 265 lbs.)

Weighing of mixed martial artists

Weights must be determined by a representative of the Commission.

- (a) All weights are to be recorded when the contestant is stripped or in underwear only.
- (b) Weigh-ins will commence no later than three hours prior to the start of the competition.
- (c) There will be a one pound allowance over the weight class permitted.
- (d) No contestant shall be permitted to lose more than one percent of his or her body weight after the initial weigh in for a second attempt to make weight.
- (e) The scale will be closed within one hour of the start of the weigh in.
- (f) No contestant can have a second weigh in an attempt to gain weight to make a weight class.
- (g) The scale to be used must be approved by the sealer of weights and measures.
- (h) Catch weight bouts are not permitted and both contestants must weigh in within their weight class (given the one pound allowance) in order to compete against each other. One exception is that the Commission may approve in advance, contests between super heavyweight and absolute weight contestants.

Cage-

All amateur contests will take place in a Cage that has been approved by the Commission. The Cage will meet the below requirements and also be subject to inspection prior to each event by a Commission representative. Rings or other fighting areas will not be permitted.

The fighting area canvas shall be no smaller than 18 feet by 18 feet and no larger than 32 feet by 32 feet. The fighting area canvas shall be padded in a manner as approved by the Commission, with at least one inch layer of thick foam padding.

Padding shall extend beyond the fighting area and over the edge of the platform. No vinyl or other plastic rubberized covering shall be permitted, without prior approval.

The fighting area canvas shall not be more than four feet above the floor of the building and shall have suitable steps or ramp for use by the participants. Posts shall be made of metal not more than six inches in diameter, extending from the floor of the building to a minimum height of 58 inches above the fighting area canvas and shall be properly padded in a manner approved by the Commission.

The fighting area canvas area shall be enclosed by a fence made of such material as will not allow a fighter to fall out or break through it onto the floor or spectators, including, but not limited to, vinyl coated chain link fencing. All metal parts shall be covered and padded in a manner approved by the Commission and shall not be abrasive to the contestants.

The fence shall provide two separate entries onto the fighting area canvas.

Equipment

A stool of a type approved by the Commission shall be available for each contestant.

An appropriate number of stools or chairs, of a type approved by the Commissioner, shall be available for each contestant's seconds. Such stools or chairs shall be located near each contestant's corner.

Specifications for bandages on mixed martial artist's hands

All mixed martial arts contestants shall be required to gauze and tape their hands prior to all contests.

In all weight classes, the bandages on each contestant's hand shall be restricted to soft gauze cloth not more than 15 yards in length and two inches in width, held in place by not more than 10 feet of surgeon's tape, one inch in width, for each hand.

Surgeon's adhesive tape shall be placed directly on each hand for protection near the wrist. However, as opposed to boxing wraps, the tape may cross the back of the hand twice and extend to cover and protect the knuckles when the hand is clenched to make a fist.

The bandages shall be evenly distributed across the hand.

Bandages and tape shall be placed on the contestant's hands in the dressing room in the presence of the inspector and, if desired, in the presence of the chief second of his or her opponent.

Under no circumstances are gloves to be placed on the hands of a contestant until the approval of the inspector is received.

Substances other than surgeon's tape and soft gauze shall not be utilized. For example, pre-wraps shall not be used.

Mouth pieces

- (a) All contestants are required to wear a mouthpiece during competition. The mouthpiece shall be subject to examination and approval by the attending physician.
- (b) The round cannot begin without the mouthpiece in place.
- (c) If the mouthpiece is involuntarily dislodged during competition, the referee shall call time, clean the mouthpiece and have the contestant or corner reinsert the mouthpiece at the first opportune moment, without interfering with the immediate action.
- (d) The referee may deduct points if it is judged the mouthpiece is being purposely spit out.

Protective equipment

- (a) All mixed martial artists shall wear a groin protector of their own selection, of a type approved by the Commission.
- (b) Approved shin guards with instep pads, supplied by the promoter, and in good condition, must be worn by all contestants.
- (c) Female mixed martial artists shall wear a chest protector during competition. The chest protector shall be subject to approval of the Commission.

Gloves

- (a) The gloves shall be in good condition for all contests or they must be replaced.
 - (b) All contestants shall wear gloves weighing at least four ounces, supplied by the promoter and approved by the commission. No contestant shall supply their own gloves for participation.
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Apparel

- (a) Each contestant shall wear mixed martial arts shorts, biking shorts, or kick-boxing shorts. Shorts must be approved by the inspector or commission representative. Shorts with grip panels are not permitted. Shorts with metal parts are not permitted unless properly covered.
- (b) Gi's, shirts, and biking pants are prohibited during competition for male contestants. Female competitors must wear rashguard shirts.
- (c) Shoes are prohibited during competition.

Appearance

- (a) A contestant may request that his opponent be cleanly shaven immediately prior to competition, except that a contestant may wear a closely cropped mustache or beard.. The inspector or commission representative may also determine whether head or facial hair presents any hazard to the safety of the contestant or their opponent or will interfere with the supervision and conduct of the event.
- (b) Hair shall be trimmed or tied back in such a manner as not to interfere with the vision of either contestant or cover any part of a contestant's face.
- (c) Jewelry or piercing accessories are prohibited during competition.
- (d) Fingernails and toenails should be neatly trimmed, and are subject to inspection.

Round length

All amateur bouts will consist of three 3-minute rounds with a one minute rest period in between rounds.

Maximum number of bouts per card

The maximum number of contests on one fight card is sixteen (16).

Stopping a contest

The referee and ringside physician are the sole arbiters of a bout and are the only individuals authorized to enter the fighting area at any time during competition and authorized to stop a contest.

Judging

- (a) All bouts will be evaluated and scored by three judges.
- (b) The 10-Point Must System will be the standard system of scoring a bout. Under the 10-Point Must Scoring System, 10 points must be awarded to the winner of the round and nine points or less must be awarded to the loser, except for a rare even round, which is scored (10-10).
- (c) Judges shall evaluate mixed martial arts techniques, such as effective striking, effective grappling, control of the fighting area, effective aggressiveness and defense.
- (d) Evaluations shall be made in the order in which the techniques appear, giving the most weight in scoring to effective striking, effective grappling, control of the fighting area and effective aggressiveness and defense.

Effective striking is judged by determining the number of legal strikes landed by a contestant and the significance of such legal strikes.

Effective grappling is judged by considering the amount of successful executions of a legal takedown and reversals. Examples of factors to consider are take downs from standing position to mount position, passing the guard to mount position, and bottom position fighters using an active, threatening guard.

Fighting area control is judged by determining who is dictating the pace, location and position of the bout. Examples of factors to consider are countering a grappler's attempt at takedown by remaining standing and legally striking; taking down an opponent to force a ground fight; creating threatening submission attempts, passing the guard to achieve mount, and creating striking opportunities.

Effective aggressiveness means moving forward and landing a legal strike or takedown.

Effective defense means avoiding being struck, taken down or reversed while countering with offensive attacks.

The following objective scoring criteria shall be utilized by the judges when scoring a round;

1. A round is to be scored as a 10-10 Round when both contestants appear to be fighting evenly and neither contestant shows dominance in a round;
2. A round is to be scored as a 10-9 Round when a contestant wins by a close margin, landing the greater number of effective legal strikes, grappling and other maneuvers;
3. A round is to be scored as a 10-8 Round when a contestant overwhelmingly dominates by striking or grappling in a round.
4. A round is to be scored as a 10-7 Round when a contestant totally dominates by striking or grappling in a round.

Scoring the foul to be performed by the Scorekeeper

Fouls may result in a point being deducted by the official scorekeeper from the offending mixed martial artist's score. The scorekeeper, not the judges, will be responsible for calculating the true score after factoring in the point deduction.

Only a referee can assess a foul. If the referee does not call the foul, judges shall not make that assessment on their own and cannot factor such into their scoring calculations.

Fouls

(a) The following are fouls and will result in penalties such as warnings, point deductions or disqualification, if committed:

1. Holding or grabbing the fence;

A fighter may put their hands on the fence and push off of it at anytime. A fighter may place their feet onto the cage and have their toes go through the fencing material at any time. When a fighter's fingers or toes go through the cage and grab hold of the fence and start to control either their body position or their opponent's body position it now becomes an illegal action. A fighter may not grab the ropes or wrap their arms over the ring ropes at any time.

If a fighter is caught holding the fence, cage or ring rope material the referee shall issue a one-point deduction from the offending fighters scorecard if the foul caused a substantial change in position such as the avoidance of a takedown

If a point deduction for holding the fence occurs, and because of the infraction, the fouling fighter ends up in a superior position due to the foul, the fighters should be re-started by the referee, standing in a neutral position

2. Holding opponent's shorts or gloves;

A fighter may not control their opponent's movement by holding onto their opponent's shorts or gloves. A fighter may hold onto or grab their opponent's hand as long as they are not controlling the hand only by using the material of the glove, but by actually gripping the hand of the opponent. It is legal to hold onto your own gloves or shorts

3.. Butting with the head;

Any use of the head as a striking instrument whether head to head, head to body or otherwise is illegal.

4.. Eye gouging of any kind;

Eye gouging by means of fingers, chin, or elbow is illegal. Legal strikes or punches that contact the fighter's eye socket are not eye gouging and shall be considered legal attacks.

5. Biting or Spitting at an opponent;

Biting in any form is illegal. A fighter must recognize that a referee may not be able to physically observe some actions, and must make the referee aware if they are being bit during an exhibition of unarmed combat.

6.. Hair pulling;

Pulling of the hair in any fashion is an illegal action. A fighter may not grab a hold of his opponent's hair to control their opponent in any way.

7. Fish Hooking.

Any attempt by a fighter to use their fingers in a manner that attacks their opponent's mouth, nose or ears, stretching the skin to that area will be considered "Fishhooking". Fishhooking generally is the placing of fingers into the mouth or your opponent and pulling your hands in opposing directions while holding onto the skin of your opponent.

8. Groin attacks of any kind.

Any attack to the groin area including, striking, grabbing, pinching or twisting is illegal

9. Intentionally placing a finger into any orifice, or into any cut or laceration of your opponent.

A fighter may not place their fingers into an open laceration in an attempt to enlarge the cut. A fighter may not place their fingers into an opponent's, nose, ears, mouth, or any body cavity.

10. Elbow strikes of any kind to any area.

11. Small joint manipulation.

Fingers and Toes are small joints. Wrists, Ankles, Knees, Shoulders and Elbows

are all large joints.

12. Strikes to the spine or the back of the head

Strikes are not permissible in the nape of the neck area up until the top of the ears. Above the ears, permissible strikes do not include the Mohawk area from the top of the ears up until the crown of the head. The crown of the head is found where the head begins to curve. In other words, strikes behind the crown of the head and above the ears are not permissible within the Mohawk area. Strikes below the top of the ear are not permissible within the nape of the neck area.

13. Heel kicks to the kidney

14. Throat strikes of any kind, including, without limitation, grabbing the trachea.

No directed throat strikes are allowed. A directed attack would include a fighter pulling his opponents head in a way to open the neck area for a striking attack. A fighter may not gouge their fingers or thumb into their opponent's neck or trachea in an attempt to submit their opponent.

15. Clawing, pinching, twisting the flesh or grabbing the clavicle

Any attack that targets the fighter's skin by clawing at the skin or attempting to pull or twist the skin to apply pain is illegal. Any manipulation of the clavicle is a foul.

16. Kicking the head of an opponent.

17. Kneeing the Head of an opponent.

18. Stomping of a grounded fighter

Stomping is considered any type of striking action with the feet where the fighter lifts their leg up bending their leg at the knee and initiating a striking action with the bottom of their foot or heel. (Note) Axe kicks are not stomps. Standing foot stops are NOT a foul. As such, this foul does not include stomping the feet of a standing fighter.

19. The use of abusive language in the fighting area

20. Any unsportsmanlike conduct that causes an injury to opponent

21. Attacking an opponent on or during the break.

A fighter shall not engage their opponent in any fashion during a time-out or break of action in competition

22. Attacking an opponent who is under the care of the referee.

23. Timidity (avoiding contact, or consistently dropping the mouthpiece, or faking an injury

Timidity is defined as any fighter who purposely avoids contact with his opponent, or runs away from the action of the fight. Timidity can also be called by the referee for any attempt by a fighter to receive time by falsely claiming a foul, injury, or purposely dropping or spitting out their mouthpiece or other action designed to stall the fight

24. Interference from a mixed martial artists seconds

Interference is defined as any action or activity aimed at disrupting the fight or causing an unfair advantage to be given to one combatant. Corners are not allowed to distract the referee or influence the actions of the referee in any fashion.

25. Throwing an opponent out of the caged area.

A fighter shall not throw their opponent out of the cage.

26. Flagrant disregard of the referee's instructions

A fighter MUST follow the instructions of the referee at all times. Any deviation or non-compliance may result in the fighter's disqualification

27. Spiking the opponent to the canvas onto the head or neck (pile-driving)

A pile driver is considered to be any throw where you control your opponent's body placing his feet straight up in the air with his head straight down and then forcibly drive your opponents head into the canvas or flooring material. It should be noted when a fighter is placed into a submission hold by their opponent, if that fighter is capable of elevating their opponent they may bring that opponent down in any fashion they desire because they are not in control of their opponents body. The fighter who is attempting the submission can either adjust their position, or let go of their hold before being slammed to the canvas.

28. Attacking an opponent after the bell has sounded the end of the period of unarmed combat

29. Linear kicks to the knee joint.

30. Neck Cranks

Any hold that places the fighter's neck in jeopardy from a crank is illegal. Neck cranks such as the "Can Opener" or "Bulldog" are examples of an illegal neck attack, unless the contestant is in their guard and refuses to open their guard.

31. All twisting leg submissions

Heel hooks and toe holds are prohibited. Straight Kneebars and the Straight Ankle lock are allowed

32. Spine locks

33. Strikes to the head of a grounded opponent-

A grounded opponent is any fighter who has more than just the soles of their feet on the ground. (i.e. could have one shin or one finger down to be considered a downed fighter) If the referee determines that a fighter would be a grounded fighter but is not solely because the cage fence has held fighter from the ground, the referee can instruct the combatants that he is treating the fighter held up solely by the cage as a grounded fighter

Use of Vaseline, Water and other similar substances-

Absolutely "no" body grease, gels, balms, lotions oils, or other substances may be applied to the hair, face or body. This includes the use of excessive amounts of water "dumped" on a contestant to make him/her slippery. However, Vaseline may be applied solely to the facial area at cage side in the presence of an inspector, referee, or a person designated by the commission. Any contestant applying anything other than Vaseline in an approved fashion at the appropriate time could be penalized a point or subject to loss by disqualification.

Foul Procedures-

If a foul is committed, the referee shall:

1. call time;
2. check the fouled mixed martial artist's condition and safety; and
3. assess the foul to the offending contestant, deduct points, and notify each corner's seconds, judges and the official scorekeeper.

If a bottom contestant commits a foul, unless the top contestant is injured, the fight shall continue, so as not to jeopardize the top contestant's superior positioning at the time.

1. The referee shall verbally notify the bottom contestant of the foul.
2. When the round is over, the referee shall assess the foul and notify both corners' seconds, the judges and the official scorekeeper.
3. The referee may terminate a bout based on the severity of a foul. For such a flagrant foul, a contestant shall lose by disqualification.

Time Considerations for Fouls

Low Blow Foul

A fighter who has been struck with a low blow is allowed up to five minutes to recover

from the foul as long as in the ringside doctor's opinion the fighter may possibly continue on in the contest. If the fighter states that they can continue on before the five minutes of time have expired, the referee shall as soon as practical restart the fight. If the fighter goes over the five minute time allotment the fight cannot be restarted and the contest must come to an end with the outcome determined by the round and time in which the fight was stopped.

Fighter who is not fouled by low blow but another foul:

If a contest or exhibition of mixed martial arts is stopped because of an accidental foul, the referee shall determine whether the unarmed combatant who has been fouled can continue or not. If the unarmed combatant's chance of winning has not been seriously jeopardized as a result of the foul and if the foul did not involve a concussive impact to the head of the unarmed combatant who has been fouled, the referee may order the contest or exhibition continued after a recuperative interval of not more than 5 minutes. Immediately after separating the unarmed combatants, the referee shall inform the Commission's representative of his determination that the foul was accidental.

If a fighter is fouled by blow that the referee deems illegal, the referee should stop the action and call for time. The referee may take the injured fighter to the ringside doctor and have the ringside doctor examine the fighter as to their ability to continue on in the contest. The ringside doctor has up to 5 minutes to make their determination. If the ringside doctor determines that the fighter can continue in the contest, the referee shall as soon as practical restart the fight. However, unlike the low blow foul rule, the fighter does not have up to 5 minutes of time to use at their discretion.

For a foul other than a low blow, the fouled fighter is not guaranteed 5 minutes of recovery time. If deemed not fit to continue by the referee or ringside physician, the referee must immediately call a halt to the bout. If the fighter is deemed not fit to continue by the referee or ringside physician but some of the five minute foul time is still remaining, the fighter cannot avail himself of the remaining time.

If the referee stops the contest and employs the use of the ringside doctor, the ringside physician's examinations shall not exceed five minutes. If five minutes is exceeded, the fight cannot be re-started and the contest must end.

Injuries sustained during competition

- (a) If an injury sustained during competition as a result of a legal maneuver is severe enough to terminate a bout, the injured contestant loses by technical knockout.
- (b) If an injury sustained during competition as a result of an intentional foul is severe enough to terminate a bout, the contestant causing the injury loses by disqualification.

- (c) If an injury is sustained during competition as a result of an intentional foul and the bout is allowed to continue, the referee shall notify the scorekeeper to automatically deduct two points from the contestant who committed the foul.
- (d) If an injury sustained during competition as a result of an intentional foul causes the injured contestant to be unable to continue at a subsequent point in the contest, the injured contestant shall win by technical decision, if he or she is ahead on the score cards. If the injured contestant is even or behind on the score cards at the time of stoppage, the outcome of the bout shall be declared a technical draw.
- (e) If a contestant injures himself or herself while attempting to foul his or her opponent, the referee shall not take any action in his or her favor, and the injury shall be treated in the same manner as an injury produced by a fair blow.
- (f) If an injury sustained during competition as a result of an accidental foul is severe enough for the referee to stop the bout immediately, the bout shall result in a no contest if stopped before two rounds have been completed in a three round bout.
- (g) If an injury sustained during competition as a result of an accidental foul is severe enough for the referee to stop the bout immediately, the bout shall result in a technical decision awarded to the contestant who is ahead on the score cards at the time the bout is stopped only when the bout is stopped after two rounds of a three round bout.
- (h) There should be scoring of an incomplete round. If the referee penalizes either contestant, then the appropriate points shall be deducted when the scorekeeper calculates the final score for the partial round.

Types of Bout Results

- (a) The following are the types of bout results:
1. Submission by:
 - i. Tap Out: When a contestant physically uses his hand to indicate that he or she no longer wishes to continue; or
 - ii. Verbal tap out: When a contestant verbally announces to the referee that he or she does not wish to continue; or makes audible sounds such as screams indicating pain or discomfort.
 2. Technical knockout by:
 - i. Referee stops bout;
 - ii. Ringside physician stops bout; or
 - iii. When an injury as a result of a legal maneuver is severe enough to terminate a bout;
 3. Knockout by failure to rise from the canvas;

4. Decision via score cards:

- i. Unanimous: When all three judges score the bout for the same contestant;
- ii. Split Decision: When two judges score the bout for one contestant and one judge scores for the opponent; or
- iii. Majority Decision: When two judges score the bout for the same contestant and one judge scores a draw;

5. Draws:

- i. Unanimous - When all three judges score the bout a draw;
- ii. Majority - When two judges score the bout a draw; or
- iii. Split - When all three judges score differently and the score total results in a draw;

6. Disqualification: When an injury sustained during competition as a result of an intentional foul is severe enough to terminate the contest;

7. Forfeit: When a contestant fails to begin competition or prematurely ends the contest for reasons other than injury or by indicating a tap out;

8. Technical Draw: When an injury sustained during competition as a result of an intentional foul causes the injured contestant to be unable to continue and the injured contestant is even or behind on the score cards at the time of stoppage; or; in Double Knockout Situations, the referee shall stop a contest or exhibition of unarmed combat at any stage if the referee determines that both unarmed combatants are in such a condition that to continue might subject the unarmed combatants to serious injury;

9. Technical Decision: When the bout is prematurely stopped due to injury and a contestant is leading on the score cards; and

10. No Contest: When a contest is prematurely stopped due to accidental injury and a sufficient number of rounds have not been completed to render a decision via the score cards.

Licensing

All amateur mixed martial artists shall possess a valid issued National MMA ID card. All paperwork, such as the contestant form, waivers, medicals, id card application and photo must be received by this office no later than 4:30 p.m. three days prior to the scheduled event.

Officials

All officials, such as event physicians, timekeepers, scorekeepers, inspectors, judges and referees will be supplied by this agency. It will be the responsibility of the promoter to pay for the cost of these officials. Payment is due prior to the start of the event. Costs and number of personnel will be determined by the scheduled amount of bouts. (greater or less than 12)

Less than 12 originally scheduled bouts/ greater than 12 originally scheduled bouts

Physicians-minimum of one at cost of \$400 to \$800 regardless of number of bouts

Judges- minimum of 3 at cost of \$150/\$175 each

Referees-minimum of 2 at cost of \$175/\$200 each

Timekeeper- minimum of one at \$100/\$125 each

Scorekeeper-minimum of one at \$100/\$125 each

Inspectors-minimum of 4 at \$75/\$100 each

Medicals

All medicals are due to be received by this agency no later than 4:30 p.m. three days prior to the scheduled event.

Every contestant must submit the physical on the prescribed form. The physical must be signed by a licensed physician and conducted no earlier than 60 days prior to the event date.

Every contestant must present negative test results for,

-HIV

-Hepatitis B surface antigen

-Hepatitis C antibody

The communicable disease blood tests must be taken within 180 days of the scheduled contest.

Any fighter producing a positive test result may only be granted clearance to fight upon review by our agency physicians and additional required tests.

Female fighters must submit a negative pregnancy test taken within the past fourteen days from a doctor or certified laboratory.

A contestant who attains the age of 40 on the date of the contest must also submit the results of an;

- MRI and MRA Head scan;
- Stress Echocardiogram with Cardiologist clearance; and
- Carotid Doppler exam;

and these tests must be dated within 14 days of the event.

A contestant who is found to have competed in a combative sports competition that is unregulated by an athletic commission may be required to undergo professional competitor medical testing requirements.

No contestant will be granted ability to compete unless cleared to compete by an agency physician upon review of submitted medical documents.

The agency, at the discretion of its physicians, may require additional medical testing for the purposes of determining an individual's fitness to compete.

All contestants must submit to both a pre-fight and post-fight medical evaluation by an agency physician. Contestants must pass the pre-fight exam in order to gain clearance to compete. At the post fight exam, agency physicians may order additional testing in order to gain clearance to compete at a later date.

Failure to undergo a pre-fight exam will result in denial of the ability to compete. Failure to undergo a post-fight examination will result in a mandatory suspension of no less than 180 days.

Insurance

The promoter must submit proof of medical insurance coverage in the amount of \$20,000 or more and accidental death and dismemberment insurance coverage in the amount of \$50,000 or more for each and every contestant . No contestant may waive the insurance coverage. Further, contestants are not responsible for any deductible payments. The promoter must submit proof of such insurance no later than 72 hours prior to the day of the event.

Ambulance and EMT's

All promoters must provide an ambulance to be present at all times, from the commencement of the first bout, throughout the duration of the event, and until the last fighter leaves the arena. No contest shall be allowed to continue or commence if an ambulance is utilized to transport a previous contestant to a medical facility, until another ambulance is available and present at the event.

There shall be at least two Emergency Medical Technicians present at all times, from the commencement of the first bout, throughout the duration of the event, and until the last fighter leaves the arena. No contest shall be allowed to continue or commence if an ambulance is utilized to transport a previous contestant to a medical facility, until another replacement technician crew is available and present at the event.

Permits

For each event, the promoter must submit a required \$500 event fee made payable to this agency, in order to secure an event date. No date will be secured unless and until the \$500 permit fee is received.

In the event, that this agency approves, but then later cancels your event, due to professional events on the same date or other scheduling or staffing issues, your permit fee will be refunded to you or can be applied to a different requested date.

The Commission reserves the right to limit the number of events per month to ensure the proper regulation of each event.

Promoters License

All promoters shall file and secure a current promotional license prior to holding an event. The cost for such license shall be \$300 per fiscal year.

Matchmaker License

All promoters shall designate a match maker, and secure a current match maker license prior to holding an event. The cost for such license shall be \$100 per fiscal year.

Show Date Request

All promoters must submit the date and location and start time of the event in writing and obtain approval of the date. The approval will also be pending the show permit fee.

Only one amateur show will be approved per date.

Age

An amateur contest must attain the age of 18 years on the date of the contest.

Rules Meeting

Failure to attend the rules meeting will result in an automatic suspension of at least 90 days and may result in the denial to compete at that scheduled event.

Consumables Before and During the Contest

Only water or an approved electrolyte drink by the Commission may be consumed during the bout. Contestants should not consume energy drinks on the date of the contest.

Seconds

All seconds working in the corner will wear rubber gloves to be supplied by the promoter.

Each contestant may have up to three seconds in his or her corner.

No person other than the contestants and referee shall enter the cage during a bout. The referee may, in their discretion, stop a contest if an unauthorized person enters the cage during a round.

Only one second may enter the cage to tend a fighter between rounds.

No second may enter the cage after the conclusion of the bout until granted entrance by the corner inspector.

Sanitary Equipment

The promoter is required to supply adequate cleaning solution used to clean blood and /or other debris in the cage. A solution of ten per cent bleach and ninety percent water is an acceptable solution. The promoter is responsible for providing personnel to clean the cage.

Security

It is responsibility of the promoter to provide adequate security at the event venue.

Beverage and Liquor Sales

If the chosen venue has a liquor license, and liquor is intended to be sold at the event, the Commission must be advised in writing in advance of the show and give its approval.

Beverages cannot ever be sold in cans or bottles.

Fighter Purses-

The promoter may not pay any purse or win bonus to the competitor but may pay the actual cost of travel expenses, lodging and or meals.

NEW JERSEY STATE ATHLETIC CONTROL BOARD - Amateur Mixed Martial Arts Physical Form
(To Be Completed by Physician - physical must be taken within 60 days of each event - NJSACB fax is 609-292-3756)

Contestant Name: _____

Address: _____ City _____
State _____ Zip _____

Phone: _____

I certify that I have examined the above contestant on _____
and have found

him/her to be medically cleared to engage in an Amateur Mixed Martial Arts competition on _____.

Physician Name (printed): _____ Physician
Signature: _____

Physician Address: _____ City: _____ State: _____
Zip: _____
Phone: _____

CONTESTANT INFORMATION:

Age: _____ Height: _____ Weight: _____

Blood Pressure: _____ Pulse: _____

Temperature: _____

Blood Type: _____

Allergies: _____

Medications: _____

EYE EXAMINATION:

No retinopathies or cataracts: _____

Wears contact lenses: _____

EXAMINATION:

Ears - Otoscopy: _____

Mouth Pharynx: _____

Adenopathys: _____

Lungs: _____

Heart: _____

Abdominal Palpation: _____

Hernias or Viscoro-megaly: _____

Testis: _____

TENDON REFLEXES:

Knee Jerk: _____

Babinski: _____

Rhomberg: _____

Finger to nose: _____

UPPER EXTREMITIES:

Hands: _____

Wrist: _____

Elbows: _____

Shoulder Girdle: _____

Lower Extremities: _____

Skin (Open or Superlative lesions):

Any indications of active renal disease:

PHYSICAL HISTORY:

Chest Pains: _____

Fainting Spells: _____

Spitting of Blood _____

Shortness of Breath _____

Frequent Headaches: _____

Convulsions: _____

Head Injury _____

Operations: _____

Diabetes: _____

Unconsciousness from training or competing:

Unconsciousness from any other sport or for any other reason:

FOR WOMEN:

Pregnancy Test: _____

Breast Exam: _____

Gynecological Exam: _____

COMMENTS: _____

**STATE ATHLETIC CONTROL BOARD
AMATEUR MIXED MARTIAL ARTS CONTESTANT FORM**
(Please fill form out completely)

Date of Event: ____ / ____ / ____ Name of Event:

Fighter Full Legal Name: _____

Alias: _____

Fighter Date of Birth: ____ / ____ / ____

Fighter Home Address: _____

Fighter Phone Number: _____

Fighter School

Affiliation: _____

FIGHTER CERTIFICATION: I hereby certify that I am skilled enough, healthy and ready to compete in this Amateur Mixed Martial Arts competition. I further certify that I have not engaged in any Professional or Professional Rules Style Mixed Martial Arts competitions and that I have not been paid to compete.

Trainer Name: _____

Trainer School:

School
Address: _____

Trainer Contact Number: _____

TRAINER CERTIFICATION: I, _____, hereby certify that Fighter _____ is skilled enough, healthy and ready to compete in this Amateur Mixed Martial Arts competition. I further certify that Fighter has not engaged in any Professional or Professional Rules Style Amateur Mixed Martial Arts competitions and has not been paid to compete.

01) Has Fighter ever competed in a Combative Sports contest (includes boxing, kick boxing, muay thai and mixed martial arts) in another State? If yes, please list all dates and City/State:

02) Has Fighter ever competed in a Combative Sports contest in the states of Delaware or New York? If yes, please list all dates and City:

03) Are you under a Medical or Disciplinary Suspension from any Athletic Commission or Sanctioning Organization? If yes, please explain:

04) What was the date and result of your last Amateur Mixed Martial Arts contest?:

(Page 1 of 2)

**STATE OF NEW JERSEY
STATE ATHLETIC CONTROL BOARD
AMATEUR MIXED MARTIAL ARTS CONTESTANT FORM**

The Contestant understands that by participating in this contest of unarmed combat, that the Contestant is engaging in an abnormally dangerous activity which subjects Contestant to a risk of severe injury or death. The Contestant, in full knowledge of the risks, nonetheless, agrees to enter into this agreement and hereby waives any claim that the Contestant or Contestant's heirs may have against the Athletic Control Board (hereinafter "SACB") or the State of New Jersey as the result of any injury the Contestant may suffer as a result of Contestant's participation in this contest. I have read and understand the above.

FIGHTER SIGNATURE: _____

The parties, jointly and severally hereby discharge, release, indemnify and hold harmless the SACB, the SACB's individual members and employees, bout officials and agents, and the State of New Jersey in their individual, personal and representative capacities against any and all claims, suits, actions, debts and judgments, in law or equity, brought against the parties named in this agreement due to this agreement and all other matters relating hereto.

FIGHTER SIGNATURE: _____

The contest shall be conducted in accordance with the laws of the State of New Jersey and in accordance with the statutes, rules, regulations and policies of the SACB which are hereby made part of this agreement. It is understood and agreed that the rights and obligations of the parties hereto shall be governed by and construed in accordance with the laws of the State of New Jersey. I, the undersigned, hereby declare that I have read this Application and that all answers to the questions are true and complete. I understand that any misrepresentation or failure to answer shall constitute grounds for any applicable legal penalties.

FIGHTER SIGNATURE: _____ Date: _____

_____/_____/_____
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