

PERSONAL INJURY WAIVER

I, _____ (hereinafter "Fighter") understand that by participating in this mixed martial arts contest that Fighter is engaging in an abnormally dangerous activity which subjects Fighter to a risk of severe injury or death. Fighter, in full knowledge of the risks, nonetheless, voluntarily agrees to participate in this event and does by this agreement and waive, release and discharge any and all claims, for any injuries or death, that Fighter or Fighter's heirs may have against Helster, Inc. d/b/a Helster MMA Fight League (hereinafter "Promoter") as the result of Fighter's participation in this contest. Fighter agrees to hold harmless the Promoter and Promoter's individual members, officers, agents, employees and representatives against any and all claims, suits, actions, debts and judgments, in law or equity, for any and all claims related to Fighter's participation in this event.

I have read and fully understand the above and intending to be legally bound sign below.

FIGHTER SIGNATURE: _____

Print Name: _____

Signed this date: _____

WITNESS SIGNATURE: _____

Print Name: _____